



A Different Perspective on *Alice in Wonderland*

When we take a wide-angle view of *Alice in Wonderland*, written by Lewis Carroll in 1865, we discover that it's much more than a children's tale about a girl who follows a rabbit down a hole. It's a multi-layered, symbolic journey - a mirror reflecting deep truths about consciousness, identity, language, reality, and inner freedom.

In Essence: Alice in Wonderland is not just a story - it is a mirror.

A mirror that invites us to question everything we take for granted: our identity, our language, the rules of society, and the very nature of reality.

It's a journey of breakdown - followed by rebirth.

Crossing the mirror is not merely entering another world, it is the moment of passing through the **Veil of Forgetfulness**. It is the space where Alice forgets who she is so she may discover it anew. Perhaps it is the same for us:

only when we forget what we were taught to be,
can we begin to remember what we always truly were.

Key Perspectives:

1. A Consciousness Journey & the Collapse of Logical Boundaries

Alice begins her journey drawn by the White Rabbit - a symbol of inner curiosity and the soul's calling to go beyond the known world into a space where all rules dissolve.

In Wonderland, nothing follows a linear order - you shrink, you grow, everything shifts.

It's a realm where the sense of "I" and external reality collapses - a metaphor for entering deeper states of consciousness.

2. Questioning Identity

Alice keeps wondering: "Who am I?" a question that echoes throughout the story. In a world where everything shifts disappearing cats, ever-changing characters, a caterpillar asking "Who are you?" identity is no longer fixed. It's a dance of constant transformation.

3. The Breakdown of Language and Meaning

Carroll, a mathematician, plays with words and logic. In Wonderland, language loses its usual meaning. Riddles are unsolvable, conversations twist into absurdity. This reflects a deeper truth: language is symbolic sometimes ridiculous, always limited. It cannot fully grasp reality.

4. Control, Power, and Nonsense

Wonderland is filled with chaotic power dynamics: a Queen shouting "Off with her head!", rules that make no sense, and trials that go nowhere. These reflect arbitrary control structures in adult society - systems that maintain power rather than serve truth.

5. Spiritual Awakening

Beneath it all, Alice's journey is a spiritual initiation.

From a naive girl taught to "behave" and "follow the rules", she awakens to her own perception, curiosity, and inner authority.

6. A Maze of Consciousness, Not a Linear Story

7. Wonderland is not a real outer world, but a **map of inner terrain** rooms, corridors, strange creatures and crossroads mirror a developing consciousness.

Every character may echo a part of Alice: the cat who says everyone here is mad, the caterpillar who provokes introspection, the Queen who represents oppressive fear.

The Soul's Awakening - as told through *Alice in Wonderland*

Stage 1: The Call - The White Rabbit

Symbol: A soul calling.

What happens: Alice sees a rabbit saying, "I'm late!" and follows - not knowing why.

Conscious meaning: The soul hears a subtle inner pull - an unexplainable restlessness that draws it beyond the known.

Stage 2: The Fall - Down the Rabbit Hole

Symbol: Descent into the subconscious.

What happens: A long fall with no end in sight.

Conscious meaning: Diving into the depths fears, forgotten parts, subconscious patterns. Losing grip on the old reality anchors.

Stage 3: Size Shifts - Growing and Shrinking

Symbol: Identity tremors.

What happens: Alice drinks potions, eats cakes, changes sizes rapidly.

Conscious meaning: Awakening destabilizes identity swinging between feeling vast and powerful, then tiny and powerless. Structures collapse.

Stage 4: The Encounters - Strange Characters

Symbol: Meeting inner aspects.

What happens: She meets the Cheshire Cat, the Mad Hatter, the smoking Caterpillar.

Conscious meaning: Encounters with inner fragments the rebel, the questioner, the dreamer. Each character mirrors a part of her psyche.

Stage 5: "Who am I?" - Identity Collapse Symbol: Breakdown of outer identity.

What happens: Alice is asked again and again who she is, and she begins to question herself.

Conscious meaning: The old roles, labels, and stories no longer fit. The soul seeks a deeper identity beyond form.

Stage 6: Confronting Control - The Red Queen

Symbol: Facing inner and outer fear.

What happens: The Queen yells "Off with her head!" irrationally.

Conscious meaning: Facing internalized fear, guilt, judgment and external forces of control. A moment of choosing sovereignty.

Stage 7: Inner Sovereignty - The Trial and Awakening

Symbol: Remembering inner truth.

What happens: A ridiculous trial unfolds. Alice stands up and sees through the illusion.

Conscious meaning: The soul breaks free from external narratives. Recognizing the illusion and standing in one's own light.

Stage 8: Return - Awakening into the World

Symbol: Embodiment in matter.

What happens: Alice wakes up - no longer the same.

Conscious meaning: The soul returns to life but with new eyes. The truth is etched within. This is not the end but the beginning of living from expanded awareness.

Final Reflection

A Secret Diary of the Soul: Alice in Wonderland becomes a record of the soul breaking free from programmed consciousness, facing fear and forgetting and remembering its true nature.

And perhaps... we no longer need to chase the rabbit.

Alice represented an age when awakening required collapse falling deep, losing control, entering the unknown to birth new awareness.

But now, there may be another way.

Awakening no longer demands we chase time, identity, or madness disguised as wonder. It's not at the bottom of a pit - it's in the choice not to fall.

Not from fear but from knowing.

Wonder is already here.

In presence.

In stillness.

In the simplicity we often overlook.

So if you see a white rabbit running with a clock, let him pass.

You don't need to follow anymore.



Continue reading

"Through the Looking-Glass, and What Alice Found There"...





A Contemplative Perspective

Through the Looking-Glass, and What Alice Found There

“Through the Looking-Glass, and What Alice Found There” is the sequel written by Lewis Carroll in 1871, about six years after *Alice’s Adventures in Wonderland*. Yet this is not merely a sequel it is an entirely new realm: inverted, deeper, and more philosophical.

If *Alice in Wonderland* was a journey of shattering the known reality, *Through the Looking-Glass* is a more inward, expanded voyage - a journey of inner reflection, of discovering the self through a reversed mirror. It is not merely a chaotic world, but one that operates by a different law: inverted, symbolic, and resonant.

Alice crosses a mirror in her home and discovers a parallel world conscious, symmetrical, and often perplexing. What at first seems like a game of fantasy gradually reveals layers of meaning:

1. Crossing the Mirror – Transcending the Boundary of Identity

The mirror is not just an object. It is a gateway. Crossing through it symbolizes the transition from outer to inner, from the conscious to the unconscious, from the known to the unresolved reflection.

She enters a world that looks like a reflection, but functions in reverse: to move forward, you must walk backward. Time moves in reverse. Meaning is conveyed through hints. This suggests that the path to self-understanding requires an unexpected movement inward, reversed, nonlinear.

❖ **Contemplation:** Are there moments in my life where I try to push forward through struggle, instead of pausing and listening to what's asking me to shift direction?

❖ **Modern Image:** That sense of “running” through life but not truly progressing. The mirror invites you to stop fighting and turn inward.

❖ **Inner Anchor:** Sometimes, reversal is healing. The moment we allow ourselves to be seen differently is the moment identity expands.

2. The Chessboard World – A Soul's Journey from Pawn to Queen

In this realm, Alice becomes a pawn in a game of chess. The pawn is considered the weakest piece, yet it holds the greatest potential: if it crosses the board, it becomes a queen.

This is a story of the soul's journey from the depths of collective consciousness, through challenges and deliberate steps, toward remembering inner sovereignty. Every move on the chessboard is a phase in the spiritual path.

❖ **Contemplation:** Am I allowing myself to begin humbly, like a pawn, in order to move toward inner queendom? Or am I waiting to be “worthy” before I even begin?

❖ **Modern Image:** Like a life process where you start from an unclear or low position but with every step, your essence becomes clearer.

❖ **Inner Anchor:** Every spiritual journey is an inner chess match. There are no shortcuts, but every conscious move brings you closer.

3. The Red Queen – Symbol of Time, Control, and Linear Consciousness

The Red Queen teaches Alice that she must run as fast as she can just to stay in place. This implies that linear reality demands endless effort but it leads nowhere. It reflects the old consciousness of doing, chasing, and achieving, without true freedom.

❖ **Contemplation:** Am I running in circles out of habit, even when I feel exhausted? Is there another way to move?

❖ **Modern Image:** Work patterns or relationships that continue out of inertia without real movement. The Red Queen reflects inner noise that replaces quiet clarity.

❖ **Inner Anchor:** Letting go of the race doesn’t mean stopping, but shifting into conscious motion recognizing you don’t need to run in order to exist.

4. Tweedledum and Tweedledee – Duality, Polarity, and Loops

Identical twins, differing only in name. They argue, mirror each other, confuse one another. They represent the loop of dual existence opposites that are not truly separate. No beginning, no end. Just cyclical thought, emotion, and existence.

❖ **Contemplation:** Where in my life am I caught between two extremes, trying to “win” instead of seeing both sides within me?

❖ **Modern Image:** Ongoing inner conflict to be soft or assertive, quiet or present. The twins invite us to realize that even contradictions are parts of a whole.

❖ **Inner Anchor:** Instead of choosing a side, I can dwell at the heart of the reflection and discover the point of union between them.

5. Humpty Dumpty – Language as a Tool of Control

Humpty is a strange character about whom it was said: “He sat on a wall and fell.” But here, he speaks and tells Alice that each word means only what he chooses it to mean.

❖ **Contemplation:** Which words in my life no longer serve the frequency of truth within me? Am I using distorted language unconsciously?

❖ **Modern Image:** When someone says “I have to,” “I have no choice,” “that’s how the world works” they’re reinforcing a lack of freedom through language.

❖ **Inner Anchor:** Changing inner language is the beginning of liberation. Every word is either a key or a cage. I choose to infuse words with meanings that heal.

6. The Jabberwocky Poem - Fears Born of the Unknown

An absurd poem filled with invented words. Later, Alice embarks on a quest to defeat the “Jabberwocky” a creature whose form is unclear, yet must be overcome.

❖ **Contemplation:** What undefined “Jabberwocky” rules me today? Which vague fears govern me because I’m not yet willing to face them?

❖ **Modern Image:** A general sense of dread with no clear cause. Fear of the unknown, of change, of the incomprehensible like a foggy creature gaining power only when kept in the dark.

❖ **Inner Anchor:** The moment I choose to look at fear, it loses its shape. I don't need to fight it only to bring it into the light.

7. The White Queen – Memory of Reversed Time

The White Queen lives time backwards. She remembers the future.

❖ **Contemplation:** Am I listening to the memory of the future within me? To intuition that speaks before time arrives?

❖ **Modern Image:** A feeling of foreknowledge, a dream or sign that precedes reality like a soul-whisper from what already exists in the field.

❖ **Inner Anchor:** I allow myself to remember what hasn't yet happened. It is not imagination but consciousness that lives beyond the timeline.

8. Conclusion – Alice Becomes a Queen and Awakens

At the end of the journey, Alice becomes a queen. But the kingdom collapses, the scene dissolves and she wakes up.

❖ **Contemplation:** Am I willing to release even the outcome to remember that true sovereignty is not external?

❖ **Modern Image:** A moment where you “achieve” something only to have it vanish. Yet the inner experience remains. That is the inner crown.

❖ **Inner Anchor:** I don't need to hold the picture to know who I am. True awakening begins when I forget the dream but not the being.

Summary:

Through the Looking-Glass is a symmetrical map of consciousness, where every character is a reflection, every scene a mirror, and every step forward occurs through paradox. There is no chaos but a different order. Inverted. Psychological. Profound.

This is not a story about a girl who gets lost.

It is the story of one who dares to enter the reflection of herself and emerge with a crown that does not rest on her head, but in her heart.

The book offers a living mirror for the different layers of consciousness: active consciousness, reflective consciousness, contemplative consciousness. It is not just a text but an inner invitation to move toward the unfamiliar, to question definitions, and to remember the inner motion that leads home.

Crossing the mirror is the moment of courageous witnessing and the willingness to let the old identity collapse, so a new essence can emerge. The crown at the end of the journey is not a title but remembrance.

In that sense, Alice is each one of us:

The curious voice drawn beyond the known,

The soul that asks questions even when no answer appears,

The inner child ready to awaken and return through the heart.

It is a journey that does not end in awakening, It *begins* there.

